



NEWS SHEET

Tring and Berkhamsted Cycling Campaign

ISSUE 75

December 2008

BICYCLE THEFT

Information we have received from the police about thefts of cycles in Tring reveals that *"since August this year there have been 3 cycles stolen from back gardens/sheds, 2 insecure bikes stolen from the school/sports centre complex, one insecure cycle stolen from Tesco and finally one secured bike stolen from Station Road"*.

This information does not include thefts from Tring Station since such data is handled by British Transport Police. We hope to be able include information about thefts from all the Stations in the area we cover, and also steps that we can take to identify risk areas and reduce risk, in another edition of this news sheet.

For more information about bicycle security, have a look at Hertfordshire Constabulary's [cycling security](#) pages on their web site.

You will have noted from the police information that clearly bicycles should be secured; not only in public places but also around homes. It ought to be remembered that some cycle locks (such as the "Onguard" Sold Secure range) are sold with "antitheft protection offers" up to £800. These locks are available from Mountain Mania in Miswell Lane, and if you show them your TBCC membership card you should get 10% discount.

BERKO BIKE FEST AND CYCLE TRAINING



This picture was taken during one of the quietest moments of the extremely successful Berkhamsted Bikefest in Canal Fields.

The principal attraction was the cycle training given to young people by Angela Lynch (see the right of the picture). I have been impressed to notice that after this event she and her team visited Tring for several weeks to provide Bikeability Level 2 training to Grove Road, Bishopwood and Dundale schools, and I also noted that she covers the area from Bushey to Tring.

Some people have asked if cycle training is available for mature people. She is willing to do this, and has a bicycle available for those adults who do not have one, and also a small bicycle for youngsters.

For more information phone 01442 391962, Mobile 07821330745, email angela.lynch@ntlworld.com, or visit www.dacorum-cycle-training.com.

Please note that underlined portions are "hyperlinks" that will take you to relevant websites.

CYCLING SURVEY

Those members who do not have email will find a survey form enclosed. Those who have email will find one attached.

We have already sent out this form by email to members, to the Dacorum Environmental Forum, and given some out at railway stations. So far we have had about 50 replies, but about half of these have been from non-members.

Since the results of the survey will dictate the topics upon which we will concentrate during next year it would be a shame if our efforts were dominated by the desires of non-members. You are therefore strongly urged to fill in and return this form to us to ensure that your wishes are recognised. Currently "improvements to road quality" is thought to be the most important need. But it would help us if you could specify the particular roads that you think require improvement
Also if you find there is something that we have not included please add this to "comments and suggestions" in section 11.

TRING DAYS OUT

This booklet has recently been issued by "Tring Together" and includes a section on cycling together with a pull-out map and route description (Itinerary 5). This was mainly due to the efforts of long-term committee member Chris Gray.

We are attempting to find out if this pull-out itinerary could be published separately since we feel it would be helpful to leisure cyclists and also to visitors to Tring.

MAPS ON WEBSITE

If you visit our ever-changing website you will find that under "Cycling" there is a section entitled "**Off-road routes**" where you will find a map of routes prepared by the indefatigable Richard Selina, As they say in Parliament "I commend this to our right honourable members"

EVENTS AND RIDES

New Year's Ride and Dinner: We will be having a New Year's ride and dinner on 11th January, 2009 at the Valiant Trooper, Aldbury; tables are booked for 12.30pm. For those who want to ride beforehand there will be leisurely rides from Tring and from Berkhamsted meeting at 11am for an 11.15 start. Tring cyclists will meet opposite the Rose and Crown in the High Street. Berkhamsted cyclists will meet at Berkhamsted station.

If you wish to attend the meal please book a place by contacting John Boielle.

London to Brighton: The Robin Hood, Brook Street, Tring are assembling a team to do this charity 54 mile cycle ride in aid of the British Heart Foundation. They need to know by the end of December if you wish to join them. There is an entry list of names on the wall inside the pub, or else ring landlords Terry or Phil on 01442 823287.

CAPE ARGUS

Regular London to Brighton rider, and TBCC member, Steve Fitzsimons will be travelling to Cape Town, South Africa to take part in the world's largest timed cycle event on the 8th March. This is the Cape Argus Pick n Pay, which has over 36,000 competitors (over 10,000 being female) and is 109 Km long. [Cape Argus is the local newspaper].

The entries for this have been closed to locals for some time, since they have already received 35,000, but international competitors can still get entries until 5 March 2009.

Let us hope that Steve is able to give us an account of this event in a future news sheet.

Visit our website: www.tbcc.org.uk

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